

Pre/Post-Assessment Form (Updated: 11 September 2007)

Treatnet Training Volume B, Module 2:
Elements of Psychosocial Treatment
Motivating Clients for Treatment and Addressing Resistance

Please complete the following pre/post-assessment form. Your responses are completely confidential. The goal of these assessments is to evaluate the effectiveness of the capacity building program and the training activities, not to evaluate you personally. Your responses are very important to us. Please do not hesitate to ask the assigned person if you have any questions.

Name: _____

Name of your Centre: _____

Volume B, Module 2: Motivating Clients for Treatment and Addressing Resistance

1. People change their drug use behaviour only if:
 - a. They experience the negative consequences of their drug use
 - b. They feel internal motivation to change
 - c. They get help from others
 - d. None of the above is completely true; drug use is complex and change is different for each person

2. The Stages of Change include the following:
 - a. Relapse
 - b. Pre-contemplation, contemplation, and preparation
 - c. Action and maintenance
 - d. All of the above

3. Arguing with a client about his/her drug use is a technique that:
 - a. Is a useful way to help clients
 - b. Is always motivational
 - c. Is not a motivational interviewing strategy
 - d. All of the above are true

4. The following techniques are considered to be motivational:
 - a. Exploring the pros and cons of drug use
 - b. Referring the client to another place
 - c. Developing discrepancy in a client

d. responses a and c are correct

5. A solid treatment plan:

a. Provides the client with an opportunity to consider what they did in the past

b. Provides the client with an opportunity to plan their recovery activities

c. Is unnecessary for most clients

d. Responses b and c are both correct

